



Community Workshops Spring 2018



Bleuler Psychotherapy Center is pleased to offer **FREE** workshops available to **ALL** members of the community!

Join us for an informative and collaborative series of lectures addressing parenting, child behavior, health & wellness, stress, and more!

-Tuesday 5/01/2018; 7:00PM (Mahroo Moshari, LMSW)

Parenting – Discipline vs. Punishment

-Wednesday 5/09/2018; 7:00PM (Lisa Rabinovich, LCSW)

Stress vs. Chronic Stress – Prevalence, signs, coping

-Tuesday 5/15/2018; 7:00PM (Rose Sultana, LMHC)

Health & Wellness: Supporting the emotional & physical needs of your child

-Wednesday 5/23/2018; 7:00PM (Maryum Khwaja, LCSW)

Understanding & Managing your Child's Behavior – Setting boundaries & limits

-Tuesday 5/29/2018; 7:00PM (Leah Halikiopoulos, PsyD)

How to manage difficult conversations with your child

104-70 Queens Boulevard Forest Hills, New York 11375

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www.bleulerpsychotherapycenter.org

